

Allergen Menu

Dairy & Lactose Free

Gluten Free

Starters

Spicy Meatballs 611 kcal Baked meatballs in a spicy chilli and tomato sauce baked with dairy free cheese and served with sliced ciabatta. 7.45

Stone Baked Garlic Pizza Bread @ 684 kcal Topped with homemade garlic butter. 6.95

Olives and Ciabatta & 442 kcal Served with balsamic vinegar, and olive oil for dipping. 5.95

Parma Ham and Rocket Salad 147 kcal Parma ham and rocket salad in a balsamic dressing topped with dairy free cheese. 7.45

Pizzas

Our pizzas are hand stretched and cooked in an authentic stone-based pizza oven. The stone creates a crisp base and delivers a wonderful flavour.

Pepperoni 926 kcal

A rich tomato base topped with a generous amount of pepperoni and dairy free cheese. 13.45

Margherita 3 710 kcal A rich tomato base topped with dairy free cheese. 12.95

Spicy Meatball 970 kcal A rich tomato base topped with dairy free cheese, meatballs, jalapenos and red onion. 13.95

PBP 😵 851 kcal Plant based meat balls, vegan cheese, roasted vegetables, and basil pesto. 12.95

BBQ Chicken and Bacon 970 kcal A rich tomato and BBQ base, topped with dairy free cheese, *chicken breast and *bacon strips. 13.95

Parma Ham and Roasted Mushroom 784 kcal A rich tomato sauce topped with dairy free cheese, Parma ham, roasted mushrooms and rocket. 13.95

Desserts

Vegan Ice Cream 4.95 Choose from:

Vanilla 237 kcal Or Strawberry 241 kcal

Starters

Spicy Meatballs 471 kcal Baked meatballs in a spicy chilli and tomato sauce baked with cheese and served with sliced gluten free bread. **7.45**

Stone Baked Gluten Free Garlic Pizza Bread 353 kcal Topped with homemade garlic butter. 6.95

Baked Asparagus **O** 395 kcal

Topped with hollandaise sauce, lemon and shaved cheese on toasted gluten free bread. 6.45

Pizzas

Our pizzas are cooked in an authentic stone-based pizza oven. The stone creates a crisp base and delivers a wonderful flavour.

Pepperoni 604 kcal A rich tomato base topped with a generous amount of pepperoni and mozzarella cheese. **13.45**

Margherita 🕑 388 kcal A rich tomato base topped with mozzarella. 12.95

Smoked Salmon 412 kcal Smoked salmon and dill on a bechamel base with capers and chives. 14.95

Desserts

Ben & Jerry's Vanilla Ice Cream 232 kcal 4.95

Capri Salad 🕑 321 kcal Marinated tomatoes with basil pesto and mozzarella. 5.95

Olives and Gluten Free Bread & 495 kcal Served with balsamic vinegar, and olive oil for dipping. 5.95

Parma Ham and Rocket Salad 160 kcal Parma ham and rocket in a balsamic dressing with shaved cheese. 7.45

BBQ Chicken and Bacon 648 kcal A rich tomato and BBQ base, topped with mozzarella, *chicken breast and *bacon strips. **13.95**

Parma Ham and Roasted Mushroom 462 kcal A rich tomato sauce topped with mozzarella, Parma

ham, roasted mushrooms and rocket. 13.95



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* Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to worldleading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

🖲 Suitable for vegetarians 😼 Suitable for vegans

Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. Calories shown are per serving. Each dish is one serving unless otherwise stated.



